

At Mappytour, Our advisors live and breathe Asia. They follow its developments with the same passion, tracking down new hotels, selecting the best restaurants, and constantly strengthening contacts with local service providers..

Culture and adventure, Nature and relaxation.

We offer carefully prepared and carefully planned trips, as well as tailor-made trips that we create based on your request, ensuring total support from the beginning to the end of your stay..

Nepal Tour



ITINERARY

DAT / DATE	ITINERARY	TRANSPORT ATION TIME	MEALS INCLUDED
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DAY 1 :	ARRIVAL IN KATHMANDU	3h25 flight	Dinner
DAY 2 :	KATHMANDU		Breakfast – Lunch – Dinner
DAY 3 :	KATHMANDU		Breakfast – Lunch – Dinner
DAY 4 :	KATHMANDU – CHITWAN	5h30 drive	Breakfast – Lunch – Dinner
DAY 5 :	CHITWAN		Breakfast – Lunch – Dinner
DAY 6 :	CHITWAN – POKHARA	5 hours drive	Breakfast – Lunch – Dinner
DAY 7 :	POKHARA		Breakfast – Lunch – Dinner
DAY 8 :	POKHARA – KADE – DHAMPUS	1 hour drive	Breakfast – Lunch – Dinner
DAY 9 :	DHAMPUS – POKHARA		Breakfast – Lunch – Dinner
DAY 10 :	POKHARA		Breakfast – Lunch – Dinner
DAY 11 :	POKHARA – KATHMANDU	7h00 drive	Breakfast – Lunch – Dinner
DAY 12 :	KATHMANDU		Breakfast – Lunch – Dinner
DAY 13 :	KATHMANDU – NAGARKOT	1 hour drive	Breakfast – Lunch – Dinner
DAY 14 :	NAGARKOT – KATHMANDU – RETURN FLIGHT	1 hour drive	Breakfast – Lunch – Dinner

DETAILED PROGRAM

DAY 1: ARRIVE IN KATHMANDU

Arrival in Kathmandu at...

Customs formalities and baggage claim.

You will then be met by your driver outside the airport and transferred to your hotel for a rest.

Dinner and overnight stay at your hotel in Kathmandu.



Overnight at hotel in Kathmandu



Dinner included



Vehicle with driver for airport - hotel transfer

DAY 2: KATHMANDU

After breakfast.

Continue with the visit of the **Pashupatinath temple and Boudhanath Stupa**. Pashupatinath Temple, with its stunning architectural beauty, is a symbol of faith, religion, culture, and tradition. Considered the holiest temple of Hindu Lord Shiva in the world, the existence of Pashupatinath Temple dates back to 400 AD. The richly decorated pagoda houses the sacred linga or phallic symbol of Lord Shiva. Thousands of pilgrims from all over the world come to pay homage to this temple, also known as the 'Temple of Living Beings'. Cremation takes place on the banks of the Bagmati River, just outside the temple premises.

Visit of the **Boudhanath Stupa**: is one of the most important Buddhist sanctuaries in Nepal and one of the symbols of the city of Kathmandu. This immense stupa located in the Tibetan quarter of the Nepalese capital is the largest in the country and is among the largest in the world. The stupa has always been a very important pilgrimage site for Buddhists and one of the most beautiful places in the capital. The symbol it represents, its history and its beauty attract many tourists every year and have earned it a place on the UNESCO World Heritage List..



Visit of the **Darbâr Square** is a square located in Kathmandu, Nepal, which owes its name to the court held there by the kings of Nepal until 1886. It includes a group of Hindu temples and royal palaces inherited from the Malla dynasty and the Shah dynasty. It is listed as a World Heritage Site along with six other monumental complexes in the Kathmandu Valley, including two other Darbar squares located in Patan and Bhaktapur..

Kathmandu Durbar Square is a UNESCO World Heritage Site located in the heart of Kathmandu, the capital of Nepal. It is a vibrant complex filled with historic palaces, temples, courtyards, and statues that showcase the rich architectural and cultural heritage of the Kathmandu Valley. The square was once the royal palace of the Malla kings who ruled the region, making it an important political, religious, and cultural center. Visitors can admire the intricate wood carvings, pagoda-style temples, and the impressive Hanuman Dhoka Palace, which is the main attraction..

Lunch and dinner at the restaurant.

Overnight at hotel in Kathmandu.



Overnight at hotel in Kathmandu



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 3: KATHMANDU

Breakfast at the hotel,

Visit of the **Bhaktapur Square**: is a historic square home to a large number of UNESCO World Heritage Sites. A must-see in the Kathmandu Valley, this large square, actually made up of four smaller squares (Durbar Square, Taumadhi Square, Dattatreya Square, and Pottery Square), is a veritable open-air museum.

The entire Bhaktapur Durbar Square complex is a fabulous blend of ancient arts, cultural traditions, religious values, and prestigious architectural works. The square reveals the city's identity and leaves a lasting impression with its profusion of historical remains, most of which are listed as UNESCO World Heritage Sites. It's no surprise, then, that Durbar Square ranks high among the Kathmandu Valley's major tourist attractions..



Lunch and dinner at the restaurant.

Overnight at hotel in Kathmandu.



Overnight at hotel in Kathmandu



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 4: KATHMANDU – CHITWAN

Breakfast,

Departure for Chitwan (198km, 05h30)

Lunch at the hotel.

The evening, **Discover the vibrant cultural spectacle of the Tharus** – a vibrant celebration of tradition, art and history that captivates the senses and enlivens the soul. Here, amidst the lush landscapes and rich cultural tapestry of Chitwan, we are transported to a world where storytelling takes center stage, and the rhythm of the music becomes the heartbeat connecting past, present and future..

Dinner and overnight at the hotel in Chitwan.



Overnight at hotel in Chitwan



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 5: CHITWAN

Breakfast at the hotel.

A Jeep Safari This is an exciting and adventurous way to explore Nepal's magnificent Chitwan National Park. Along the way, you can encounter a wide variety of wildlife, including rhinos, tigers, elephants, crocodiles, and numerous bird species. Experienced guides provide informative commentary and ensure your safety throughout the excursion. This is a great opportunity to observe Chitwan's natural beauty and diverse wildlife in a comfortable and exciting way.

Visit of the **elephant breeding center**



You will head to a nearby river or lake for a canoeing adventure. Your guide will provide you with all the necessary equipment and safety instructions. Paddle at a leisurely pace, enjoying the serenity of the surroundings and the chance to spot aquatic wildlife.

Dinner and overnight at the hotel in Chitwan.



Dinner and overnight at the hotel in Chitwan.



Breakfast, lunch, dinner included



French-speaking guide for tours

Vehicle with driver for visits

DAY 6: CHITWAN – POKHARA

Breakfast at the hotel.

Departure for Pokhara (171 km, 05h00)

Arrival in Pokhara, free time.

Dinner and overnight at the hotel in Pokhara



Overnight at hotel in Pokhara



Breakfast, lunch, dinner included



French-speaking guide for tours

Vehicle with driver for visits

DAY 7: POKHARA

Early in the morning, head to Sarangkot Hill to watch the majestic sunrise and the Himalayan range.

Afterward, return to the hotel for breakfast.

Visit:

Bindabasini Temple is located in the Mohariya tole of Pokhara, near Bhimsen tole Bazar, on top of a magnificent mound. The Bindabasini Temple was built by King Kaskeli Siddhi Narayana Shah in 1842 BC. The entire area of this temple is covered by 47 ropani lands. The temple of Goddess Bhagawoti stands in the middle of a paved courtyard. It is then reached by taking the long stone staircase. It is located about 10 meters above the valley floor and offers a magnificent view of the city of Pokhara and its surroundings..

Contemplate **the Seti River Gorge** and admire the deep gorges carved into the limestone rocks

Boat ride on Phewa Lake is the largest lake in the city of Pokhara. It is bordered by the district known as Lakeside and the mountains. During your stopover in Pokhara, don't miss discovering the wonders of Phewa Lake.



Lunch and dinner at the restaurant.

Overnight at hotel in Pokhara



Overnight at hotel in Pokhara



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 8: POKHARA – KADE – DHAMPUS

Breakfast at the hotel.

Departure for Kade for a trek to Dhampus.

Dhampus is a charming village offering superb views of the Annapurna range and Machhapuchhre Himal (6,997 m).

Trekking to Dhampus is a rewarding journey for visitors looking for a short and easy hike. It offers an excellent opportunity to explore the ethnic Gurung village. The warm and friendly hospitality of the Gurung village is a delight for visitors and is sure to amaze them. In addition, it offers breathtaking views of the Annapurna range..



Dinner and overnight stay in a chalet in Dhampus



Overnight stay in a chalet in Dhampus



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 9: DHAMPUS – POKHARA

Breakfast

Trek from Dhampus with stunning views and capture unforgettable memories.

Another two hours of walking to the suburb of Phedi where our bus will be waiting to take us back to Pokhara.

After that, return to Pokhara

Dinner and overnight at the hotel in Pokhara



Overnight at hotel in Pokhara



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 10: POKHARA

Breakfast at the hotel.

Your journey begins with a visit to the **Cascade de Devi**, A mesmerizing waterfall that cascades into an underground tunnel, creating a breathtaking spectacle. Explore the area and take stunning photos of this natural wonder.





Then venture into **the mystical cave of Gupteshwor Mahadev**, A sacred Hindu shrine nestled in a cave. Experience the spiritual ambiance by observing the intricate stalactite formations and offering prayers in this unique place of worship..


The World Peace Pagoda, Also known as the Nipponzan Peace Pagoda, is a Buddhist monument located in Lumbini, Nepal. It was designed and built by Japanese Buddhists. The pagoda forms the starting point on the central axis of the Lumbini master plan, with the Mayadevi Temple at the other end. The distance between the pagoda and the temple is approximately 3.2 km. The stupa's stairs lead to three different levels. The stupa is whitewashed and the floor is paved. It has four large golden Buddha statues facing in four directions..


Pumdikot Hill

Dinner and overnight at the hotel in Pokhara

**Overnight at hotel in Pokhara**

**Breakfast, lunch, dinner included**

**French-speaking guide for tours**

**Vehicle with driver for visits**

DAY 11: POKHARA – KATHMANDU

Breakfast at the hotel

Departure for Kathmandu (210 km, 7-8 hours drive)

Arrival in Kathmandu, free time..

Lunch and dinner at the restaurant

Overnight at hotel in Kathmandu



Overnight at hotel in Kathmandu



French-speaking guide for tours

Vehicle with driver for visits



Breakfast, lunch, dinner included

DAY 12: KATHMANDU

Breakfast at the hotel.

Start your tour from **Swayambhunath stupa** is one of Kathmandu's most beautiful treasures. Located atop a hill, those brave enough to reach the stupa are rewarded with breathtaking views of Kathmandu and the valley..

A scenic cable car ride to the Chandragiri Hills. Admire the lush surroundings and terraced fields as the Himalayan peaks come into view..

Lunch at the restaurant



Return to the hotel

Dinner and overnight at the hotel in Kathmandu



Overnight at hotel in Kathmandu



French-speaking guide for tours

Vehicle with driver for visits



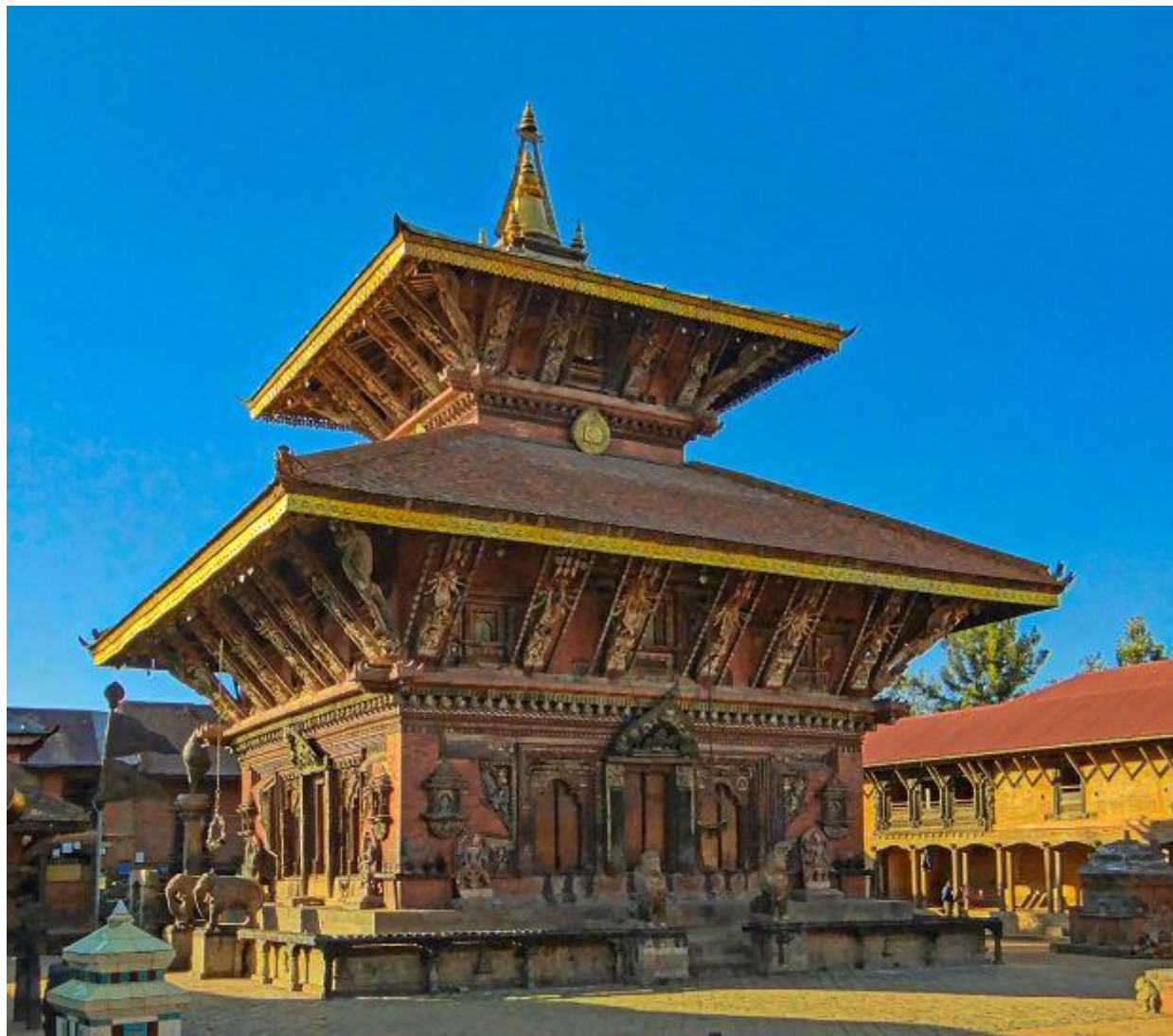
Breakfast, lunch, dinner included

DAY 13: KATHMANDU – NAGARKOT

Breakfast at the hotel

Departure for Nagarkot. (27km, 01h00)

On the way, visit the **Changu Narayan Temple** is considered the oldest in Nepal, it has a two-story pagoda-shaped roof. The temple is an important religious site in the Kathmandu Valley. It is richly decorated and has preserved its painted woodwork. The temple, which is said to be one of the oldest in the valley, was built by King Han Dutta Verma in 323 AD. It dominates the village and the main street is lined with numerous stalls.



Lunch at the restaurant

Arrival in Nagarkot, free time

Dinner and overnight stay at the hotel in Nagarkot



Overnight at hotel in Nagarkot



Breakfast, lunch, dinner included



French-speaking guide for tours



Vehicle with driver for visits

DAY 14: NAGARKOT – KATHMANDU – BANGKOK

Breakfast at the hotel.

Free day, room available until 6 p.m.

Transfer to Kathmandu airport at ... for your return flight.

Takeoff at **00:25** on flight...



Overnight at hotel in Bangkok



Breakfast, lunch, dinner included



Vehicle with driver for hotel – Kathmandu airport transfers

Fin de nos services